

EMERGENCY PREPAREDNESS

CHECKLIST

for

PEOPLE WITH DISABILITIES



I. Locate/Identify

1. People who can help me ("buddy system") in various locations, (home, work, school, etc.).

Names _____ Phone Numbers _____ Location _____

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2. Shut-off valves for:

Gas _____ Water _____

Electric _____ Appliances _____

3. Alarm System in place/functions (visual if necessary) _____
This includes smoke detectors.

The California Governor's Committee on Employment of People with Disabilities is affiliated with the National Association of Governors' Committees on People With Disabilities and Community/Mayors' Committees throughout California.

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4. Accessible exits _____
5. Possible obstructions secured
(bookcases, high cupboards, dressers, etc.) _____
6. Appliances are secured
(e.g., water heater strapped to wall) _____

II. Equipment/Accessible Locations

- | | | | |
|--|-------|--|-------|
| 1. Flashlight | _____ | 4. Medical Equipment
(wheelchair, cane, hearing aids) | _____ |
| 2. Battery-operated
Radio or TV | _____ | 5. Generator | _____ |
| 3. Extra Batteries
(near equipment) | _____ | 6. Fire Extinguishers | _____ |

III. Supplies/Accessible Locations

- | | | | |
|---|-------|----------------------------|-------|
| 1. Water (5 day supply) | _____ | 8. Eyeglass/Hearing Aid | _____ |
| 2. Food (canned/dry) | _____ | 9. Extra Keys | _____ |
| 3. Extra Medication | _____ | 10. Pencil/Paper/Cardboard | _____ |
| 4. Pet Food/Supplies | _____ | 11. Plastic Bags | _____ |
| 5. First Aid Kit | _____ | 12. Rope/Clothesline | _____ |
| 6. Matches (in
waterproof container) | _____ | 13. Plastic Tape | _____ |
| 7. Whistle or other
noisemakers | _____ | 14. Utility Knife | _____ |

Make a list of special needs and supplies (e.g., diet needs, medication, Rx glasses) in case you are not able to communicate. Indicate location or needed supplies on your list, give copies to your "buddies" and place a copy in an obvious location.

The California State Employment Development Department (EDD), as a recipient of federal and state funds, is an equal opportunity employment program and is subject to Section 504 of the Rehabilitation Act and the Americans with Disabilities Act (ADA).

This publication can be made available in Braille, large print, computer disk and tape cassette. Foreign language translations may also be requested. For these or other accommodations, you may telephone (916) 654-8055 (Voice) or (916) 654-9820 (TTY).

Remember, if disaster strikes, effective planning now can make the difference later.